

## **BREAKFAST** 7 to 11 a.m.

### **BREAKFAST PLATES**

- \*Breakfast Sandwich** VEG **7**  
Soft scrambled eggs, Beecher's cheese, onion marmalade; **Add bacon, sausage or Impossible \$2**
- \*Breakfast Burrito** **8**  
Chorizo, root veg hash, tomatillo sauce, Beecher's cheese, egg; **Sub vegan \$1**
- \*Salmon Avocado Toast** DF **12**  
Smoked salmon, smashed avocado, shaved onion, tomato, dill, boiled egg
- \*Classic Breakfast** **14**  
Two eggs, housemade hashbrown patty, toast, Choice of bacon, sausage or Impossible sausage
- \*Croque Monsieur** **12**  
Mornay, grilled ham, Gruyere  
**Add sunnyside egg \$3**
- French Toast Sticks** VEG **10**  
Potato bread, pumpkin spice cream cheese, granola, berries, maple syrup
- Parfait** VEG, GF **7**  
Honey vanilla Greek yogurt, blueberry compote, pepita chia granola

**VISIT OUR GRAB & GO  
FOR QUICK BITES**

## **LUNCH** 11 a.m. to 2 p.m.

### **SALADS AND BOWLS**

- Cobb Salad** GF **17**  
Grilled chicken, egg, bacon, avocado, tomatoes, cucumber, blue cheese dressing
- \*Grilled Chicken Caesar** **17**  
Marinated chicken breast, baby kale, croutons, parmesan
- Beet Salad** VEG, GF **17**  
Arugula, radicchio, orange supremes, goat cheese, candied walnuts, apple cider vinaigrette
- Smoked Salmon Quinoa Bowl** GF **14**  
Smoked salmon, quinoa, cucumber, cherry tomatoes, feta, arugula, lemon vinaigrette
- Veggie Grain Bowl** V, DF, GFO **18**  
Farro, beluga lentils, roasted brussels, sweet potatoes, broccoli, edamame, pickled onion, carrots, radish, sweet pepper vinaigrette
- House Side Salad** VEG, GF **9**  
Quinoa, cucumber, cherry tomatoes, feta, arugula, lemon vinaigrette

### **SOUPS** 8oz/16oz

- Daily Rotating Soup** **6/8**
- Creamy Tomato Soup** with croutons VEG **15**

\*Consuming raw or undercooked meats, seafood, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

### **SANDWICHES**

- With housemade chips; **Sub fries, house salad or soup + \$1**
- Crispy Chicken Sandwich** **15**  
Shredded lettuce, pickle, mayo  
**Add Nashville hot sauce \$1**
- \*Smash Burger** **14**  
4 oz smash patty, shredded lettuce, pickle, American cheese, caramelized onion aioli  
**Sub Impossible \$3**
- Pesto Grilled Cheese** VEG **16**  
Gruyere, mozzarella, pesto, Beecher's cheese, Mama Lil's peppers; **Add grilled chicken \$4**
- Blackened Steelhead Sandwich** **17**  
Blackened steelhead, lettuce, pickle, lemon-caper aioli
- Italian Turkey Sandwich** **16**  
Oven roasted turkey breast, pesto aioli, tomato confit, provolone, arugula, housemade focaccia
- Grinder** **15**  
Salami, capicola, ham, provolone, mayo, pepperoncini, arugula, ciabatta
- Cucumber Wrap** V **15**  
Hummus, sweet peppers, pepperoncini, arugula