

# Volunteer FAQ

## **How do I sign up to volunteer at FareStart?**

Attend one of our 30 minute info sessions at 7<sup>th</sup> and Virginia, offered most Tuesday afternoons from 4 to 4:30 p.m. Let us know you are coming by sending us an [email](#) or giving us a call at 206.267.6219. Does 4 p.m. on Tuesday not work with your schedule, but you still want to volunteer? Send us an [email](#).

## **What is the age requirement for volunteering?**

Volunteers must be 18 years old or older.

## **Do you require special skills to volunteer?**

Skill-based volunteer opportunities will note any requirements. For kitchen roles, no special skills or cooking experience necessary! All we require is a helpful, positive attitude.

## **Where do I go for my volunteer shift?**

Shift locations are always noted in shift details on the Shiftboard calendar and confirmation email. For most volunteer roles, please come to Farestart's administrative entrance on Virginia Street (around the corner from the restaurant entrance) and ring the reception bell. FareStart's address is 700 Virginia St, Seattle, WA 98101. Guest Chef Night volunteers, please enter at the restaurant entrance.

**How can I make the most impact volunteering?** Shelter Runs are our greatest need as we deliver meals to local area shelters 365 days a year. Volunteer shifts are Monday to Friday, 3 to 6:30 p.m. and Saturday, Sunday and holidays, 2 to 6:30 p.m.

## **What do I wear to my volunteer shift?**

Safety is our greatest concern. All volunteers must wear appropriate attire for their shift. Shift descriptions and confirmation emails will always provide details on dress code for your particular shift. Volunteer roles in the kitchen require closed-toe, non-slip shoes, and full-length pants. We advise volunteers to wear clothing which might get dirty, **we provide aprons**. Long hair must be tied back and volunteers must wear a hat or hairnet (hairnets provided).

## **Can I bring a group to volunteer?**

We have group volunteer opportunities listed on our website. If you are interested in scheduling a group, send us an [email](#).

**Can I volunteer for court ordered community service hours?** Unfortunately we are not accepting new volunteers with court ordered community service hours at this time.

**What is your cancellation policy?** We rely heavily on volunteer help to deliver vital meals to those most in need in our community, 365 days a year. Failing to show up for your assigned shift has a significant negative impact on our business and services to feed those most in need. If you are not able to make it for your shift, please follow the cancellation procedures:

1. **With advanced notice:** Please unconfirm your shift via Shiftboard or post your shift for a trade (option available 2 days in advance).
2. **Day of/weekend:** Please post your shift to the trade board. Call the Kitchen phone number, 206.267.6228. Ask to speak to the Shelter Run/Kitchen Prep Chef or leave a message.

## **Where should I park?**

Downtown, street parking is available, but requires recharging every two to four hours. For street parking, we recommend parking north of Lenora or east of 8<sup>th</sup> Ave to get a lower rate. For longer stays we suggest a paid lot or public transportation. Many buses run along Stewart St, one block south of Virginia, as well as 3<sup>rd</sup> Ave.

If you have additional questions on volunteering, please email [volunteer@farestart.org](mailto:volunteer@farestart.org) or calling 206.787.1585