

FareStart Lunch Menu: February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Alfredo with Elbow Pasta (WGR) and Cauliflower Puree Peas and Carrots Apples	4 Roasted Chicken Drumsticks Mashed Potatoes Whole Wheat Bread (WGR) Oranges	5 Southwest Macaroni(WGR) and Cheese with Black Beans & Corn Green Beans Bananas	6 Chicken Parmesan with Onions and Peppers Whole Wheat Bread(WGR) Strawberry-Applesauce	7 Beef Sliders w/Lettuce & Tomato Whole Wheat Bun(WGR) Apple Crumble Corn
10 Macaroni (WGR) and Cheese with Butternut Squash Puree Peas and Carrots Apples	11 BBQ Chicken Sandwich Whole Wheat Bun (WGR) Green Beans Oranges.	12 Enchilada Casserole with Black Beans, Rice(WGR) and cheese Southwest Slaw Bananas	13 Chicken Fajita with Peppers, Carrots, Onions and Celery Berries and Yogurt Whole Wheat Tortilla (WGR)	14 Beef Chili w/Carrots & Onions Whole Wheat Roll (WGR) Corn Peach Crumble
17 Turkey Lasagna (WGR) with Ricotta & Mozzarella Peas and Carrots Apples	18 Chicken Enchilada Casserole with Black Beans, Rice(WGR) and cheese Green Beans Oranges	19 Veggie Pizza on Pita Bread (WGR) with Tomato Sauce, Chopped Greens, and Cheese Mixed Green Salad with French Dressing Bananas	20 Chicken Curry with Carrots & Potatoes Whole Wheat Pita(WGR) Strawberry-Applesauce	21 Turkey Sliders with Cheese Whole Wheat Bun (WGR) Green Beans Fruit Crumble
24 Macaroni (WGR) and Cheese with Butternut Squash Puree Peas and Carrots Apples	25 Chicken Pot Pie with Peas, Carrots, and Onions Oranges Whole Wheat Biscuit (WGR)	26 Cheese Quesadilla with Pureed Sweet Potatoes, Black Beans, Salsa and Whole Wheat Tortilla (WGR) Southwest Slaw Bananas	27 Turkey Sloppy Joe With Whole Wheat Bun (WGR) Berries & Yogurt Steamed Carrots	28 Pizza Casserole with Black Beans, and Macaroni (WGR) Pear Crumble Green Beans
2 Chicken Alfredo with Elbow Pasta (WGR) and Cauliflower Puree Peas and Carrots Apples	3 Roasted Chicken Drumsticks Mashed Potatoes Whole Wheat Bread (WGR) Oranges	4 Southwest Macaroni(WGR) and Cheese with Black Beans & Corn Green Beans Bananas	5 Chicken Parmesan with Onions and Peppers Whole Wheat Bread(WGR) Strawberry-Applesauce	6 Beef Sliders w/Lettuce & Tomato Whole Wheat Bun Apple Crumble Corn



FARESTART

FareStart's menu changes seasonally and focuses on fresh, seasonal produce.

FareStart's School Meals menu is free of nuts, pork, and shellfish.

Please note that pork, shellfish, and other allergens may be processed in the facility.

Great Food. Better Lives.