

FareStart Lunch Menu:

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	Enchilada Casserole with Black Beans, Rice and cheese Green Beans Oranges	BBQ Chicken Sandwich Southwest Slaw Whole Wheat Bun (WGR) Bananas	NO MEAL DELIVERY	Summer Turkey Meatloaf with Peppers, Zucchini & Carrots Whole Wheat Roll (WGR) Apple Crumble Mashed Potatoes
8	9	10	11	12
Turkey Lasagna (WGR) with Ricotta & Mozzarella Peas and Carrots Apples	Chicken Cheddar Sloppy Joe With Whole Wheat Bun (WGR) Steamed Carrots Oranges	Veggie Pizza on Pita Bread with Tomato Sauce, Chopped Greens, and Cheese Mixed Green Salad with French Dressing Bananas	Chicken Tetrazzini with Mushrooms, Onions & Whole Wheat Pasta (WGR) Strawberry-Applesauce Steamed Carrots	Turkey Sliders with Cheese Whole Wheat Bun (WGR) Fresh Broccoli Fruit Crumble
15	16	17	18	19
Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	Chicken Pot Pie with Peas, Carrots, and Onions Oranges Whole Wheat Biscuit (WGR)	Cheese Quesadilla with Pureed Sweet Potatoes, Black Beans, Salsa and Whole Wheat Tortilla (WGR) Southwest Slaw Bananas	Turkey Sloppy Joe With Whole Wheat Bun (WGR) Berries & Yogurt Steamed Carrots	Stroganoff with Beef Meatballs, Penne (WGR) Fresh Melons Green Beans
22	23	24	25	26
Chicken Alfredo with Elbow Pasta (WGR) and Cauliflower Puree Peas and Carrots Apples	Roasted Chicken Drumsticks Mashed Potatoes Whole Wheat Bread (WGR) Oranges	Southwest Mac and Cheese with Black Beans & Corn Green Beans Bananas	Chicken Stir Fry with Carrots, Onions, & Celery Brown Rice (WGR) Strawberry Applesauce	Pizza Casserole with Beef, Mozzarella, and Macaroni (WGR) Pear Crumble Corn
29	30	31	1	2
Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	Enchilada Casserole with Black Beans, Rice and cheese Green Beans Oranges	BBQ Chicken Sandwich Southwest Slaw Whole Wheat Bun (WGR) Bananas	Chicken Fajita with Peppers, Carrots, Onions and Celery Berries and Yogurt Whole Wheat Tortilla (WGR)	Summer Turkey Meatloaf with Peppers, Zucchini & Carrots Apple Crumble Green Beans



FARESTART

Great Food. Better Lives.

All grains used in our menu are CACFP creditable.

FareStart's menu changes seasonally and focuses on fresh, seasonal produce. Fruit may change Without notice due to ripeness and availability.

FareStart's School Meals menu is free of nuts, pork, and shellfish.

Please note that pork, shellfish, and other allergens may be processed in the facility.