

FareStart Lunch Menu: April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Alfredo with Bowtie Pasta and Cauliflower Puree Green Beans Apples	4 Turkey Sloppy Joe with Whole Wheat Bun Steamed Carrots Raspberry Applesauce	5 Roasted Chicken Drumsticks Mashed Potatoes Whole Wheat Bread Banana	6 Hand-Rolled Bean, Rice, and Cheese Burrito on Whole Wheat Tortilla w/ Mild Salsa Corn Oranges	7 Turkey Cheese Burgers Roasted Potatoes Peach Crumble Whole Wheat Bun
10 Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	11 Creamy Pesto Sauce with Shell Pasta and Chicken Green Beans Oranges	12 Veggie Lasagna with Cheese, Tomato Sauce, Pinto Beans, and Pureed Mushrooms Mixed Green Salad with Berry Vinaigrette Dressing Banana	13 Chicken Fajita with Peppers, Carrots, Onions and Celery Whole Wheat Tortilla Raspberry Applesauce	14 Confetti Meatloaf Whole Wheat Roll Mashed Root Vegetables Berries and Yogurt
17 Veggie Chili with Quinoa and Beans Whole Wheat Bread Apples	18 Turkey and Macaroni in a Brown Gravy Sauce Raspberry Applesauce Peas and Carrots	19 Chicken Curry with Carrots, Potatoes, Onions, and Yellow Squash Bananas Pita	20 Cheese Quesadilla with Pureed Sweet Potatoes, Black Beans, Salsa and Whole Wheat Tortilla Coleslaw Oranges	21 Hearty Beef Stew with Potatoes, Carrots, and Onions Cornbread Apple Crumble
24 Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	25 BBQ Chicken Corn Whole Wheat Bun Oranges	26 Rotini with Turkey Bolognese, Carrots, Celery and Onion Bananas	27 Veggie Pizza on Pita Bread with Tomato Sauce, Chopped Greens, and Cheese Berries and Yogurt Mixed Green Salad with Sweet Mustard Dressing	28 Penne Pasta with Red Sauce and Turkey Meatballs Peas and Carrots Pear Crumble



FARESTART

Great Food. Better Lives.

FareStart's menu changes seasonally and focuses on fresh, seasonal produce. Fruit may change Without notice due to ripeness and availability.

FareStart's School Meals menu is free of nuts, pork, and shellfish.

Please note that pork, shellfish, and other allergens may be processed in the facility.

FareStart Lunch Menu:

May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Alfredo with Bowtie Pasta and Cauliflower Puree Green Beans Apples	2 Turkey Sloppy Joe with Whole Wheat Bun Steamed Carrots Raspberry Applesauce	3 Roasted Chicken Drumsticks Mashed Potatoes Whole Wheat Bread Banana	4 Hand-Rolled Bean, Rice, and Cheese Burrito on Whole Wheat Tortilla w/ Mild Salsa Corn Oranges	5 Turkey Cheese Burgers Roasted Potatoes Peach Crumble Whole Wheat Bun
8 Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	9 Creamy Pesto Sauce with Shell Pasta and Chicken Green Beans Oranges	10 Veggie Lasagna with Cheese, Tomato Sauce, Pinto Beans, and Pureed Mushrooms Mixed Green Salad with Berry Vinaigrette Dressing Banana	11 Chicken Fajita with Peppers, Carrots, Onions and Celery Whole Wheat Tortilla Raspberry Applesauce	12 Confetti Meatloaf Whole Wheat Roll Mashed Root Vegetables Berries and Yogurt
15 Veggie Chili with Quinoa and Beans Whole Wheat Bread Apples	16 Turkey and Macaroni in a Brown Gravy Sauce Raspberry Applesauce Peas and Carrots	17 Chicken Curry with Carrots, Potatoes, Onions, and Yellow Squash Bananas Pita	18 Cheese Quesadilla with Pureed Sweet Potatoes, Black Beans, Salsa and Whole Wheat Tortilla Oranges Coleslaw	19 Hearty Beef Stew with Potatoes, Carrots, and Onions Cornbread Apple Crumble
22 Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	23 BBQ Chicken Corn Whole Wheat Bun Oranges	24 Rotini with Turkey Bolognese, Carrots, Celery and Onion Bananas	25 Veggie Pizza on Pita Bread with Tomato Sauce, Chopped Greens, and Cheese Berries and Yogurt Mixed Green Salad with Sweet Mustard Dressing	26 Penne Pasta with Red Sauce and Turkey Meatballs Peas and Carrots Pear Crumble
29 Chicken Alfredo with Bowtie Pasta and Cauliflower Puree Green Beans Apples	30 Turkey Sloppy Joe with Whole Wheat Bun Steamed Carrots Raspberry Applesauce	31 Roasted Chicken Drumsticks Mashed Potatoes Whole Wheat Bread Banana		



FARESTART

FareStart's menu changes seasonally and focuses on fresh, seasonal produce. Fruit may change Without notice due to ripeness and availability.

FareStart's School Meals menu is free of nuts, pork, and shellfish.

Please note that pork, shellfish, and other allergens may be processed in the facility.

Great Food. Better Lives.

FareStart Lunch Menu:

June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Hand-Rolled Bean, Rice, and Cheese Burrito on Whole Wheat Tortilla w/ Mild Salsa Corn Oranges	Turkey Cheese Burgers Roasted Potatoes Peach Crumble Whole Wheat Bun
5	6	7	8	9
Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	Creamy Pesto Sauce with Shell Pasta and Chicken Green Beans Oranges	Veggie Lasagna with Cheese, Tomato Sauce, Pinto Beans, and Pureed Mushrooms Mixed Green Salad with Berry Vinaigrette Dressing Banana	Chicken Fajita with Peppers, Carrots, Onions and Celery Whole Wheat Tortilla Raspberry Applesauce	Confetti Meatloaf Whole Wheat Roll Mashed Root Vegetables Berries and Yogurt
12	13	14	15	16
Veggie Chili with Quinoa and Beans Whole Wheat Bread Apples	Turkey and Macaroni in a Brown Gravy Sauce Raspberry Applesauce Peas and Carrots	Chicken Curry with Carrots, Potatoes, Onions, and Yellow Squash Bananas Pita	Cheese Quesadilla with Pureed Sweet Potatoes, Black Beans, Salsa and Whole Wheat Tortilla Oranges Coleslaw	Hearty Beef Stew with Potatoes, Carrots, and Onions Cornbread Apple Crumble
19	20	21	22	23
Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	BBQ Chicken Corn Whole Wheat Bun Oranges	Rotini with Turkey Bolognese, Carrots, Celery and Onion Bananas	Veggie Pizza on Pita Bread with Tomato Sauce, Chopped Greens, and Cheese Berries and Yogurt Mixed Green Salad with Sweet Mustard Dressing	Penne Pasta with Red Sauce and Turkey Meatballs Peas and Carrots Pear Crumble
26	27	28	29	30
Chicken Alfredo with Bowtie Pasta and Cauliflower Puree Green Beans Apples	Turkey Sloppy Joe with Whole Wheat Bun Steamed Carrots Raspberry Applesauce	Roasted Chicken Drumsticks Mashed Potatoes Whole Wheat Bread Banana	Hand-Rolled Bean, Rice, and Cheese Burrito on Whole Wheat Tortilla w/ Mild Salsa Corn Oranges	Turkey Cheese Burgers Roasted Potatoes Peach Crumble Whole Wheat Bun



FARESTART

FareStart's menu changes seasonally and focuses on fresh, seasonal produce. Fruit may change Without notice due to ripeness and availability.

FareStart's School Meals menu is free of nuts, pork, and shellfish.

Please note that pork, shellfish, and other allergens may be processed in the facility.

Great Food. Better Lives.