

FareStart Lunch Menu:

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
29 Chicken Alfredo with Elbow Pasta(WGR) and Cauliflower Puree Peas and Carrots Apples	30 Vegetarian Lasagna (WGR) with Tofu and Mozzarella Steamed Carrots Oranges	1 Cheese Quesadilla with Pureed Sweet Potatoes, Black Beans, Salsa and Whole Wheat Tortilla(WGR) Southwest Slaw Bananas	2 Turkey Sloppy Joe With Whole Wheat Bread(WGR) Strawberry-Applesauce Steamed Carrots	3 Pizza Casserole with Beef, Mozzarella, and Macaroni(WGR) Pear Crumble Green Beans
6 Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	7 BBQ Chicken Sandwich Southwest Corn Whole Wheat Bun (WGR) Oranges	8 Enchilada Casserole with Black Beans, Rice and cheese Green Beans Bananas	9 Chicken Fajita with Peppers, Carrots, Onions and Celery Berries and Yogurt Whole Wheat Tortilla(WGR)	10 Penne(WGR) with Turkey Meatballs with Red Sauce Apple Crumble Green Beans
13 Turkey Lasagna (WGR) with Ricotta & Mozzarella Peas and Carrots Apples	14 Veggie Chili with Quinoa(WGR), Red Beans, Onions, Carrots, and Tomatoes Oranges	15 Cheese Quesadilla with Pureed Sweet Potatoes, Black Beans, Salsa and Whole Wheat Tortilla(WGR) Southwest Slaw Bananas	16 Chicken Tetrizzini w/Mushrooms, Whole Wheat Pasta(WGR) Strawberry-Applesauce Steamed Carrots	17 Turkey Sliders w/ Lettuce and Tomato Whole Wheat Bun(WGR) Roasted Potatoes Peach Crumble
20 Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	21 Chicken Pot Pie with Peas, Carrots, and Onions Oranges Whole Wheat Biscuit (WGR)	22 Enchilada Casserole with Corn Tortilla(WGR) with Black Beans, Rice and Cheese Green Beans Bananas	23 Chicken Parmesan with Onions and Peppers Whole Wheat Bread(WGR) Berries and Yogurt	24 Stroganoff w/Beef Meatballs, Penne (WGR) Fruit Crumble Green Beans
27 No Meal Delivery	28 Chicken Alfredo with Elbow Pasta(WGR) and Cauliflower Puree Peas and Carrots Apples 87	29 Veggie Pizza on Pita Bread with Tomato Sauce, Chopped Greens, and Cheese Mixed Green Salad with French Dressing Bananas	30 Turkey Sloppy Joe With Whole Wheat Bread(WGR) Strawberry-Applesauce Steamed Carrots	31 Pizza Casserole with Beef, Mozzarella, and Macaroni(WGR) Pear Crumble Green Beans



FARESTART

Great Food. Better Lives.

All grains used in our menu are whole grain-rich.

FareStart's menu changes seasonally and focuses on fresh, seasonal produce. Fruit may change Without notice due to ripeness and availability.

FareStart's School Meals menu is free of nuts, pork, and shellfish.

Please note that pork, shellfish, and other allergens may be processed in the facility.