

# FareStart Lunch Menu:

## June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
27 No Meal Delivery	28 Chicken Alfredo with Elbow Pasta(WGR) and Cauliflower Puree Peas and Carrots Apples	29 Veggie Pizza on Pita Bread with Tomato Sauce, Chopped Greens, and Cheese Mixed Green Salad with French Dressing Bananas	30 Turkey Sloppy Joe With Whole Wheat Bread(WGR) Strawberry-Applesauce Steamed Carrots	31 Pizza Casserole with Beef, Mozzarella, and Macaroni(WGR) Pear Crumble Green Beans
3 Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	4 BBQ Chicken Sandwich Southwest Corn Whole Wheat Bun (WGR) Oranges	5 Enchilada Casserole with Black Beans, Rice and cheese Green Beans Bananas	6 Chicken Fajita with Peppers, Carrots, Onions and Celery Berries and Yogurt Whole Wheat Tortilla(WGR)	7 Penne(WGR) with Turkey Meatballs with Red Sauce Apple Crumble Green Beans
10 Turkey Lasagna (WGR) with Ricotta & Mozzarella Peas and Carrots Apples	11 Veggie Chili with Quinoa(WGR), Red Beans, Onions, Carrots, and Tomatoes Oranges	12 Cheese Quesadilla with Pureed Sweet Potatoes, Black Beans, Salsa and Whole Wheat Tortilla(WGR) Southwest Slaw Bananas	13 Chicken Tetrazzini w/Mushrooms, Whole Wheat Pasta(WGR) Strawberry-Applesauce Steamed Carrots	14 Turkey Sliders w/ Lettuce and Tomato Whole Wheat Bun(WGR) Roasted Potatoes Peach Crumble
17 Macaroni and Cheese with Butternut Squash Puree Peas and Carrots Apples	18 Chicken Pot Pie with Peas, Carrots, and Onions Oranges Whole Wheat Biscuit (WGR)	19 Enchilada Casserole with Corn Tortilla(WGR) with Black Beans, Rice and Cheese Green Beans Bananas	20 Chicken Parmesan with Onions and Peppers Whole Wheat Bread(WGR) Berries and Yogurt	21 Stroganoff w/Beef Meatballs, Penne (WGR) Fruit Crumble Green Beans
24 Chicken Alfredo with Elbow Pasta(WGR) and Cauliflower Puree Peas and Carrots Apples	25 Roasted Chicken Drumsticks Mashed Potatoes Whole Wheat Bread(WGR) Oranges	26 Veggie Pizza on Pita Bread with Tomato Sauce, Chopped Greens, and Cheese Mixed Green Salad with French Dressing Bananas	27 Turkey Sloppy Joe With Whole Wheat Bread(WGR) Strawberry-Applesauce Steamed Carrots	28 Pizza Casserole with Beef, Mozzarella, and Macaroni(WGR) Pear Crumble Green Beans

All grains used in our menu are whole grain-rich.

FareStart's menu changes seasonally and focuses on fresh, seasonal produce. Fruit may change Without notice due to ripeness and availability.

FareStart's School Meals menu is free of nuts, pork, and shellfish.

Please note that pork, shellfish, and other allergens may be processed in the facility.



# FARESTART

Great Food. Better Lives.