

# Maslow's Meal

MAY 7 - JUNE 2

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## **Chef Thierry Rautureau**

Seattle's favorite Chef in the Hat - of Loulay and Luc - worked with FareStart apprentices to create this month's French-inspired Maslow's Meal.

### **Boeuf Bourguignon**

Beef stew, red wine, mushroom, pearl onion, toasted baguette

