FARESTART: Community Meals Kitchen Prep


Volunteer Kitchen Prep

FareStart delivers meals 365 days a year to several area emergency and transitional housing facilities. On the weekends and holidays, when we have fewer FareStart culinary students on-site, our chefs rely on volunteer power to ensure that we can get these important meals to our neighbors in need. No experience required, but you will learn more than you thought possible about preparing food of all sorts! A great opportunity for hands-on volunteer work and team building. Lunch is provided!

Impact: On an average day FareStart provides approximately 1,000 meals to local area emergency and transitional housing facilities.

Volunteer Duties: Volunteers in the Community Meals Kitchen help prepare meals by completing basic food preparation; for example: peeling and chopping vegetables, assembling lasagnas, etc. Chefs will assign tasks based on individual skill and comfort level.

- No cooking experience necessary!
- No Food Handler’s card required
- Ability to stand on hard surface for 5 hours
- Our insurance requires all volunteers to be at least 18-years-old

Location: FareStart, 700 Virginia St, Seattle WA 98101 Please come to the administrative entrance on Virginia street (around the corner from the restaurant entrance). You will call the number posted on the door to be let into the building.

Dates/Times: Saturday, Sunday, and/or Holidays from 10:00 a.m. to 3:00 p.m.

9:45-10:00 am – arrival time, volunteers put items in lockers
10:00 am – kitchen prep volunteer orientation
10:15 am – Production begins in kitchen
12:00 - 1:15 pm (30 min) lunch break
*break will occur sometime during this span of time
1:30 pm– 3:00 PM – review final tasks, production resumes and help with cleanup

Attire: Volunteers are asked to wear sturdy, closed-toed, non-slip/rubber soled shoes and full-length pants. We also advise volunteers to wear clothes and shoes which can get dirty, we will provide aprons. Long hair must be tied back and all volunteers must wear a hat or a hairnet, hairnet provided.

Group Size: Individuals or groups of up to 10 people.

For more information contact: Elise Tinseth, (206) 787-1585, volunteer@farestart.org