

FARESTART: Shelter Meals

Great Food. Better Lives.

Volunteer

Shelter Meal Delivery



Description: This is our greatest volunteer need! Culinary students enrolled at FareStart also participate in this volunteer opportunity as part of their training. This is an important way for our students to give back to the community.

FareStart delivers meals 365 days a year to several area emergency and transitional housing facilities. We rely on volunteer power to ensure that we can get these important meals to our neighbors. Volunteers help pack up meals for transportation and deliver them with FareStart's chefs and students to local homeless shelters then, depending on the number of student volunteers, you may have an opportunity to serve dinner at the Downtown Emergency Service Center alongside FareStart chefs and students.

Impact: On an average day FareStart provides approximately 1,000 meals to local area homeless shelters .

Volunteer Duties: Volunteers will help pack up meals for transportation to local homeless shelters, help load and unload them at each shelter and then have an opportunity to serve at the Downtown Emergency Service Center alongside FareStart Chefs and Students.

- **No driving necessary;** you will ride in a FareStart van with FareStart staff
- No professional experience or Food Handler's card required
- **Must be able to carry heavy pans/trays full of food up and down stairs**
- Our insurance requires all volunteers to be at least 18-years-old

Location: Vans leave from the FareStart building at 7th and Virginia promptly at 3:45 p.m. Please come to the administrative entrance on Virginia street (around the corner from the restaurant entrance).

Dates/Times: Shelter runs occur Monday– Friday from 3:45 p.m. to 6:30 p.m.. Weekend runs occur from 3:30 p.m. to 6:30 p.m. You are welcome to sign up in advance for one or several different days.



Attire: Volunteers are asked to wear sturdy, closed-toed, non-slip/rubber soled shoes and full-length pants. We also advise volunteers to wear clothes which can get dirty, **we will provide aprons.** Long hair must be tied back and all volunteers must wear a hat or a hairnet (hairnet provided).

Group Size: Individuals or groups of 3 people

For more information contact: Morgan Winkler, (206) 787-1585, volunteer@farestart.org