



Salad  
32 oz \$7.50  
48 oz \$9.00

Soup  
Small \$3.00  
Large \$4.25

Roll/cornbread  
\$1.50

### MEDITERRANEAN COUSCOUS

Couscous, romaine lettuce, cherry tomatoes, English cucumber, kalamata olives, red bell peppers, parsley, feta cheese, Greek dressing

### SUPER FOODS

Super greens, baby spinach, English cucumber, broccoli, carrots, red bell pepper, green onion, pepitas, miso crema

### HACIENDA

Romaine lettuce, crispy tortilla strips, corn kernels, black beans, red onions, cherry tomatoes, avocado, black olives, cotija cheese, chile lime vinaigrette

### THAI NOODLE

Rice noodles, English cucumber, baby spinach, pickled daikon & carrots, red bell pepper, green onion, toasted almonds, Thai vinaigrette

### PIPELINE

Arcadian greens, red/green grapes, apples, pineapple, blueberries, blue cheese crumbles, candied walnuts, citrus ginger vinaigrette

### WHITE BEAN & TUNA

Arcadian blend greens, white bean & tuna salad, cherry tomatoes

### MOROCCAN

Arcadian greens, red quinoa, roasted carrots, roasted cauliflower, Turkish dried apricots, toasted hazelnuts, red onions, lemon cumin vinaigrette

Add beef, pork, chicken, spaghetti squash or Field Roast to any salad | \$3.50  
Add salmon | \$5.75

## À LA CARTE

Small \$7.50 | Large \$9.00

### 1 SALAD BASES

Super greens (red and green chard, tat soi, arugula and spinach)

Arcadian harvest (red and green leaf lettuces; tangos, oaks, lolla rossas and sweet gems)

Romaine lettuce

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### 2 PROTEINS

Salmon \$5.75, all other protein \$3.50

Pork  
Beef  
Chicken

Salmon  
Spaghetti squash  
Field Roast

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### 3 TOPPINGS

Veggies  
Fruits  
Cheeses

Nuts  
Seeds

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### 4 DRESSINGS

Lemon cumin  
Thai noodle salad  
Miso  
Buttermilk garlic

Greek  
Lemon ginger  
Chile lime  
Caesar

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**Fountain Beverage** Small \$1.25 | Large \$1.50

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The act of coming together and sharing a meal is one of the most ancient and basic human activities—and is at the core of the human experience that connects us all.

FareStart has been helping people transform their lives through food for over 25 years—one person, one job, and one community at a time—providing real solutions to poverty, homelessness and hunger through foodservice training, and job placement programs.

Thank you for being a part of the solution.



Mon - Fri 11am - 2pm  
399 Fairview Ave N, Seattle 98109  
[farestart.org](http://farestart.org)