

FareStart Community Meals Menu: June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					B. Caramelized Banana French Toast, Fruit, Sausage L. Roast Beef Sandwich, Horseradish Mayo and Provolone Wrap. Potato Salad, Fruit D. Tater Tot Casserole, Broccoli, Seasonal Salad	B. Sausage & Gravy, Biscuit, Fruit L. Egg Salad Sandwich, Mediterranean Barley Salad & Fruit D. Shepherd's Pie, Mixed Vegetables, Salad
3	4	5	6	7	8	9
B: Waffle & Syrup, Ham, & Fruit L: Muffuletta, Salad with Dressing, Fruit D: Sweet & Sour Pork, Rice, Seasonal Veg & Seasonal Salad	B: Frittata, Potatoes O'Brien, & Fruit L: PB & J Sandwich, Soup, & Fruit D: Pasta Fagioli, Seasonal Veg & Seasonal Salad	B: Breakfast Burrito & Fruit L: Turkey & Pepperjack Wrap, Potato Salad, & Fruit D: Philly Chicken, Seasonal Veg & Seasonal Salad	B: Quiche, Cereal, & Fruit L: Bologna & Cheddar Sandwich. Bean Salad, & Fruit D: Turkey Taco Casserole, Corn & Seasonal Salad	B: Bagel w/ Toppings, Hardboiled Egg, & Fruit L: Chicken Salad Wrap. Soup, & Fruit D: Chicken Fajitas, Carrots & Seasonal Salad	B: Sausage Gravy, Biscuit, & Fruit L: Egg Salad Sandwich. Pasta Salad & Fruit D: Shepherd's Pie, Seasonal Veg & Seasonal Salad	B: Yogurt Parfaits, Banana Muffin, & Fruit L: BBQ Chicken Wrap. Coleslaw & Fruit D: BBQ Beef Sandwich, Mixed Vegetables, & Seasonal Salad
10	11	12	13	14	15	16
B: Baked French Toast, Sausage & Fruit L: Italian Sandwich. Potato Salad, Fruit D: Veg Lasagna, Seasonal Veg & Seasonal Salad	B: Breakfast Burrito, String Cheese, & Fruit L: Bologna & Cheddar Sandwich. Soup, & Fruit D: Sausage & Pepper Sandwich, Jojo Potatoes & Seasonal Salad	B: Yogurt Parfaits, Coffeecake Muffin, & Fruit L: Sesame Chicken Salad Wrap. Fruit & Mediterranean Barley Salad D: Chop Suey, Mixed Vegetables & Seasonal Salad	B: Waffles & Syrup, Hardboiled Egg, & Fruit L: PB & J Sandwich, Salad w/ Dressing, & Fruit D: Beef Stroganoff, Seasonal Veg, & Seasonal Salad	B: Sausage Gravy, Biscuit, & Fruit L: Tuna Salad Wrap. Soup & Fruit D: TBD- Floor resurfacing in Community Meals Kitchen.	B: Muffin, Yogurt, & Fruit L: Greek Hummus Wrap, Coleslaw & Fruit D: Hamburger, Sweet Potato JoJo's, & Seasonal Salad	B: Breakfast Sandwich & Fruit L: Ham & Swiss Sandwich. Pasta Salad, & Fruit D: Hot Dogs, Tater Tots, Seasonal Vegetable and Salad with Dressing
17	18	19	20	21	22	23
B: Waffles & Syrup, Sausage, & Fruit L: Brazilian Ham Salad Sandwich. Fruit & Bean Salad D: Bean & Cheese Burritos. Seasonal Veg & Seasonal Salad	B: Frittata, Potatoes O'Brien, & Fruit L: PB & Banana Sandwich. Soup, & Fruit D: Jambalaya, Seasonal Veg & Seasonal Salad	B: Yogurt Parfait, Ham, & Fruit L: Turkey Reuben Wrap. Pasta Salad & Fruit D: Stuffed Peppers, Seasonal Veg & Seasonal Salad	B: Quiche, Cereal, & Fruit L: Bologna & Cheddar Sandwich. Salad w/ Dressing, & Fruit D: Tuna Noodle Casserole. Carrots & Seasonal Salad	B: Bagel w/ Toppings, Hardboiled Egg, & Fruit L: Roast Beef & Swiss Sandwich. Soup, & Fruit D: Buffalo Chicken Sandwich, Mixed Vegetable, & Seasonal Salad	B: Baked French Toast, Sausage, & Fruit L: Chicken & Garbanzo Bean Wrap. Lentil Salad & Fruit D: Hawaiian Pork, Rice, Seasonal Veg & Seasonal Salad	B: Yogurt Parfaits, Apple Muffin, & Fruit L: Egg Salad Sandwich. Pasta Salad, & Fruit D: Turkey & Gravy Supreme. Parker House Roll, Mixed Vegetable & Seasonal Salad
24	25	26	27	28	29	30
B: Strata, Cottage Cheese, Fruit L: Turkey, Sweet Mustard, Provolone sandwich. Squash & Quinoa Salad, Fruit D: Stuffed Peppers, Cornbread, Seasonal Veg & Seasonal Salad	B: Breakfast Burrito, Yogurt, & Fruit L: Bologna & Cheddar Sandwich. Soup, Fruit D: Macaroni & Cheese, Seasonal Veg & Seasonal Salad	B: Yogurt Parfaits, Banana Muffin, & Fruit L: Moroccan Chicken Wrap. Bean Salad, & Fruit D: Pork & Beans, Seasonal Veg & Seasonal Salad	B: Oatmeal with Toppings, Hardboiled Egg, & Fruit L: PB & J Sandwich. Salad w/ Dressing, & Fruit D: Chickpea Tikka Masala with Rice & Lentil. Roasted Carrots & Seasonal Salad	B: Caramelized Banana Bread Pudding, Yogurt, Fruit L: Cuban Sandwich. Soup, Fruit D: Vegetable Alfredo Pasta, Mixed Vegetables, Seasonal Salad	B: Quiche, Cereal, Fruit L: Turkey with Boursin and Bell Pepper Sandwich. Coleslaw & Fruit D: Hamburgers, Sweet Potato JoJo's & Seasonal Salad	B: Cheddar Scone, Cottage Cheese, Fruit L: Egg Salad Sandwich. Pasta Salad, Fruit D: Chicken & Broccoli with Cheddar Cheese Sauce, Rice with Seasonal Salad

Menu items subject to change based on availability, food recovery and/or gleaning opportunities.

Some menu items may contain nuts.

** Sack lunches will receive lunch menu except days with soup, on these days sack lunches will receive a vegetable instead. **