**LUNCH**

**SALADS**
$6.25 (Without Chicken) - $7.75 (With Chicken)

**Italian Chopped Salad**
Romaine, egg, salami, kalamata olives, cherry tomato, parmesan cheese, oregano vinaigrette

**Caesar Salad**
Romaine hearts tossed with house-made Caesar dressing, garnished with parmesan cheese and house-made croutons

**Mediterranean Couscous**
Couscous, romaine lettuce, cherry tomatoes, English cucumber, kalamata olives, red bell peppers, parsley, feta cheese, Greek dressing

**SANDWICHES**
$6.50 - $7.95

**Herb Marinated Grilled Chicken Sandwich**
Roasted red peppers, basil aioli, provolone cheese, baguette

**The Italian**
Salami, prosciutto, hot capicola, provolone cheese, basil aioli, red onion, baguette

**Turkey Bacon Avocado**
Slow roasted turkey breast, bacon, house sauce, provolone, lettuce, tomato, onion, avocado, sourdough bread

**Grilled Cheese**
Fontina, provolone, cheddar, parmesan, sourdough bread

**Veggie Wrap**
Spinach tortilla, grilled veggies and hummus

**Blackened Chicken and Gorgonzola Wrap**
Sundried Tomato tortilla, Blackened Chicken, Spinach, Sweet Onion, and Gorgonzola Cream

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**Café @ PacTower**
Monday–Friday
7:30 a.m. to 3:30 p.m.

1200 12th Avenue South, Seattle, WA 98144
Phone: 206.787.1596
Email: cafe@farestart.org

FareStart has been helping people transform their lives through food for over 25 years — one person, one job, and one community at a time — providing real solutions to poverty, homelessness and hunger through foodservice training, and job placement programs.

Thank you for being a part of the solution!
COFFEE, ESPRESSO & MORE

All espresso beverages served with two shots.
12 oz. | 16 oz.

Drip 1.95 | 2.15
Americano 1.95 | 1.95
Latte 2.95 | 3.15
Cappuccino 2.95 | 3.15
Mocha 3.15 | 3.35
Chai 2.95 | 3.15
Hot Cocoa 2.65 | 2.95
Italian Soda 2.65 | 2.75
Hot Tea 1.95 | 1.95

Extra shot, Flavored Syrup, Soy, Breve or Refills .50

Personal Cup Americano or Drip 1.55

BREAKFAST

Pastries $2.50 - 2.95
(muffins, breads, scones, croissants, bagels)
*buttermilk, jam, cream cheese

Frittatas $4.50
Italian style egg dish with seasonal fresh veggies,
cheeses, and cured meat choices

Oatmeal $3.50
Oatmeal with dried berries and almonds

Greek yogurt parfaits $3.95
Fresh berries and maple granola

Breakfast sandwich $4.95
Egg and cheddar cheese
(choose plain bagel or croissant)
*Add bacon or sausage for $1.00

Fruit Cup $3.75

SNACKS

Assorted Cookies $1.95 each

Brownies/Bars $2.50

Crudité Cup with Hummus $3.50

Charcuterie cups $6.50
Seasonal selection of Italian cheeses,
cured meats, and olives

Caprese Salad $4.95
Fresh cherry tomatoes,
baby mozzarella pearls, basil infused olive oil