

## LUNCH

### SALADS

\$6.25 (Without Chicken) - \$7.75 (With Chicken)

#### **Italian Chopped Salad**

Romaine, egg, salami, kalamata olives, cherry tomato, parmesan cheese, oregano vinaigrette

#### **Caesar Salad**

Romaine hearts tossed with house-made Caesar dressing, garnished with parmesan cheese and house-made croutons

#### **Mediterranean Couscous**

Couscous, romaine lettuce, cherry tomatoes, English cucumber, kalamata olives, red bell peppers, parsley, feta cheese, Greek dressing

### SANDWICHES

\$6.50 - \$7.95

#### **Herb Marinated Grilled Chicken Sandwich**

Roasted red peppers, basil aioli, provolone cheese, baguette

#### **The Italian**

Salami, prosciutto, hot capicola, provolone cheese, basil aioli, red onion, baguette

#### **Turkey Bacon Avocado**

Slow roasted turkey breast, bacon, house sauce, provolone, lettuce, tomato, onion, avocado, sourdough bread

#### **Grilled Cheese**

Fontina, provolone, cheddar, parmesan, sourdough bread

#### **Veggie Wrap**

Spinach tortilla, grilled veggies and hummus

#### **Blackened Chicken and Gorgonzola Wrap**

Sundried Tomato tortilla, Blackened Chicken, Spinach, Sweet Onion, and Gorgonzola Cream



FARESTART  
CAFÉ

#### **Café @ PacTower**

Monday-Friday  
7:30 a.m. to 3:30 p.m.

1200 12th Avenue South, Seattle, WA 98144

Phone: 206.787.1596

Email: [cafe@farestart.org](mailto:cafe@farestart.org)

FareStart has been helping people transform their lives through food for over 25 years — one person, one job, and one community at a time — providing real solutions to poverty, homelessness and hunger through foodservice training, and job placement programs.

Thank you for being a part of the solution!

## COFFEE, ESPRESSO & MORE

**All espresso beverages served with two shots.  
12 oz. | 16 oz.**

**Drip** 1.95 | 2.15

**Americano** 1.95 | 1.95

**Latte** 2.95 | 3.15

**Cappuccino** 2.95 | 3.15

**Mocha** 3.15 | 3.35

**Chai** 2.95 | 3.15

**Hot Cocoa** 2.65 | 2.95

**Italian Soda** 2.65 | 2.75

**Hot Tea** 1.95 | 1.95

**Extra shot, Flavored Syrup, Soy, Breve or  
Refills .50**

**Personal Cup Americano or Drip 1.55**

## BREAKFAST

**Pastries** \$2.50 - 2.95  
(muffins, breads, scones, croissants, bagels)  
\*butter, jam, cream cheese

**Frittatas** \$4.50  
Italian style egg dish with seasonal fresh veggies,  
cheeses, and cured meat choices

**Oatmeal** \$3.50  
Oatmeal with dried berries and almonds

**Greek yogurt parfaits** \$3.95  
fresh berries and maple granola

**Breakfast sandwich** \$4.95  
Egg and cheddar cheese  
(choose plain bagel or croissant)  
\*Add bacon or sausage for \$1.00

**Fruit Cup** \$3.75

## SNACKS

**Assorted Cookies** \$1.95 each

**Brownies/Bars** \$2.50

**Crudit  Cup with Hummus** \$3.50

**Charcuterie cups** \$6.50  
Seasonal selection of Italian cheeses,  
cured meats, and olives

**Caprese Salad** \$4.95  
Fresh cherry tomatoes,  
baby mozzarella pearls, basil infused olive oil