



## Volunteering for a Shelter Run

FareStart is a non-profit organization that trains homeless and disadvantaged individuals for jobs in the culinary industry, empowering them to transform their lives. Every day of the year we deliver dinner to several area homeless shelters. At most locations we simply drop off these important meals, though at the Downtown Emergency Services Center we also serve. Help us as we deliver food to our neighbors in need. More information can be found at [www.farestart.org](http://www.farestart.org).

### Details

- Shelter run vans **leave FareStart promptly at 3:30pm** and **return by 6:30pm**. We must commit to the entire time
- Shelter runs happen every day, though we only need volunteer assistance **Friday and Saturday evening**
- You must schedule your time in advance
- **No driving necessary**, you will ride in a FareStart van with a FareStart Chef or Driver
- Our insurance requires all shelter run volunteers to be **at least 18-years-old**
- You must wear **closed toe shoes**, and we advise you to wear sturdy clothes which can get dirty
- No professional experience or Food Handler's card required
- Vans leave from the FareStart building at **700 Virginia Street** [[directions & parking](#)]

### To sign up

Email Carlene at [volunteer@farestart.org](mailto:volunteer@farestart.org), please **include which date(s)** you are interested in volunteering for.